

Determine the S.O.S.

Proverbs 20:5

Severity :

- How long has this been going on?
- How are you thinking/feeling about the situation?
- Is it better or worse than X months/weeks ago?

Ownership :

- How have you contributed to the situation?
- Where have you sought counsel on this?
- What have you done about it?

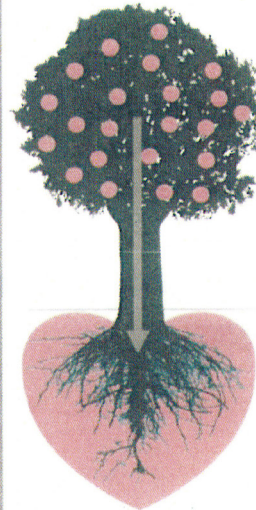
Support :

- Who else knows about this?
- How have they helped you?
- How can I pray or support you during this time?

FRUIT : Describe the situation. What was your response to it?

TRUNK : What were you thinking or feeling?

ROOT : What did you want?



FRUIT (BEHAVIOR)

Observe tone, behavior, and countenance

TRUNK (THOUGHTS)

Clarify patterns of thinking and general attitudes

ROOT (DESIRES)

Discern motives that drive thoughts and actions

C.A.R.E.

1. **Connecting before Correcting** – *Create a safe place, gain trust, set expectations.*
2. **Assessing by Drawing Out the Heart** – *Discover root issues, give hope.*
3. **Responding in Grace and Truth** – *The goal is transformation of the heart, not conforming to new behavioral patterns.*
4. **Encouraging Abiding in Christ and Application in Community** – *Give specific help and hope to abide in Christ and community.*

Prioritize Prayer

- Pray in the moment
- Pray out loud
- Pray through the Word
- Have them pray with you

W.A.L.K.

Watch – Are nonverbals congruent?

Ask – heart revealing questions

Listen – not to respond but to understand

Know – the risk and root issue

ANGER

Eph 4:26-32

Col 3:8-14

James 1:19-27

Psalms 37:8-9

Prov 29:11

FOOLISHNESS

1 Cor 6:9-11

Gal 5:16-23

Rom 13:13-14

Psalms 32:9

Prov 14:16

DESPAIR

2 Cor 4:7-18

2 Cor 1:3-11

Heb 6:13-20

Psalms 42:5-6

Prov 13:12

FEAR

Matt 6:25-34

2 Tim 1:7

Phil 4:4-7

Psalms 27:1

Prov 29:25