

SOUL CARE AT MISSION CHURCH

Biblical Soul Care is an everyday, community-oriented activity rooted entirely in the authority of Scripture, the presence of the Holy Spirit, and the local church. Rather than relying on the frameworks of secular psychology or psychiatry, it approaches life's most demanding situations through mutual discipleship, truth, and grace—directing individuals back to Jesus Christ as the absolute center of transforming life change.

When people think about requesting Soul Care, they are often referring to the more formal levels of Soul Care (Biblical Counseling) that involve regular meetings with a Soul Care counselor, or attending a Care Group.

BIBLICAL COUNSELING IN SOUL CARE IS...

- Free and available to members of Mission Church.
- Targeted toward specific struggles or suffering.
- Trained counselors—ranging from pastoral staff to certified non-staff volunteers—working to renew patterns of thinking and provide life-giving encouragement and hope according to the Word of God.
- Regular meetings at the church with your counselor, along with an advocate (a member of the church, committed to walking alongside you in Soul Care).
- Daily immersion - your counselor will give you bible-based assignments to complete between meetings.
- For a season - Biblical Counseling is not usually ongoing or long-term, but focused on meeting the present needs of your heart. It is in addition to the ongoing support of the church through Sunday worship, small groups, ministry teams, classes, etc.

SOUL CARE CORE VALUES

- **CHRIST-CENTERED:** Grounded in the preeminence and reconciling work of Jesus Christ (*Col 1:15-20*).
- **BIBLICALLY FOCUSED:** Anchored firmly in Scriptural principles, delivering a precise balance of truth and grace (*Jn 1:14*).
- **SPIRIT-LED:** Operating in total reliance on the Holy Spirit as the true source of life and spiritual vitality (*Jn 6:63*).
- **PRAYER SATURATED:** Committed to steadfast, watchful, and thankful prayer throughout the care process (*Col 4:2*).
- **COMMUNITY-BASED:** Embedded within local church relationships, practicing the “one-anothers” of Scripture to stir up love and good works (*Heb 10:24-25*).